

# Welcome to Echigo Hillside Park



**Walking Distance・Time**

1 Kenkou Zone (Grass Area)	20 min
27 Nature Path	30 min
28 Observatory	12 min
Nature Path fork Bus Stop	
41 Healing Pathway	20 min
Yama no mizubeku Bus Stop	80 min
31 Kominka (Thatch-Roofed Old House)	12 min
42 Satoyama Tollgate	10 min
38 Sougen no ie (Rest House)	20 min

## ECHIGO HILLSIDE PARK GUIDE MAP

<b>Information</b>	Toilets (Wheelchair accessible toilets)	Shop
First Aid	Park Map Board	Drinks Vending Machine
AED	No Entry	Coin Locker
Emergency Telephone	Park Bus Route	Smoking Area
Park Bus	Nursing Room	Restaurant
		Altitude

**Location of main facilities, etc.**

① Main Gate	⑩ Flower Garden (Thulip or Cosmos bipinnatus)	②⑧ Observatory
② Grass Area	⑪ Fragrant Rose Garden	②⑨ Healing Forest
③ Quadracycle	⑫ Café	③① Kominka (Old House)
④ Playground	⑬ Rest House	③② Kominka (Thatch-Roofed Old House)
⑤ Fluffy Dome	⑭ Shop	③③ Katakuri (Place of Learning and Cooking Local Dishes)
⑥ Ground Golf Course	⑮ Restaurant	③④ Flower Spot (Erythronium japonicum)
⑦ Barbecue Spot	⑯ Rest House	③⑤ Rest House
⑧ Forest (Feel Nature)	⑰ Cafeteria	③⑥ Forest (Covered with Full of Flowers)
⑨ Flower Garden (Helleborus)	⑱ Flower Garden (Hydrangea)	③⑦ Flower Garden (Swamp)
⑩ Grass Sledding Slope	⑲ Flower Garden (Lavandula)	③⑧ Grass Area
⑪ Cafeteria	⑳ Disc Golf Course	③⑨ Rest House
⑫ Fantasy Fountain	㉑ Hill of Grass	③⑩ Playground (Wooden Amusements, etc.)
⑬ Water Playground	㉒ Tower of three Elements (Heaven-Earth-Human)	④① Park Golf Course
	㉓ Flower Spot (Hepatica)	④② Satoyama Tollgate
	㉔ Nature Path	

### Opening Times Closed days

Opening Times	● April / September / October ... 9:30AM-5:00PM
	● November to March ... 9:30AM-4:30PM
	● May to August ... 9:30AM-6:00PM
Closed days	● From April to December: Please ask
	● January, February, March: Every Monday
	● Dec. 31st and Jan. 1st

### Free Park Bus

Connecting the Kenkou(Health Promotion)Zone and Satoyama (Community-based Forest)Zone (one-way about 25min). There are 8 bus stops in the park and you can appreciate the beautiful scenery of the four seasons.

<b>Hana to Midori no Yakata Bus Stop (weekdays)</b>	※First run at 9:45 a.m
<b>Grass Area Bus Stop (Weekends, and public holidays)</b>	6 min.
<b>Hill of Grass Bus Stop</b>	2 min.
<b>Observatory Bus Stop</b>	4 min.
<b>Nature path fork Bus Stop</b>	2 min.
<b>Yama no Mizubeku Bus Stop</b>	6 min.
<b>Kominka Bus Stop</b>	2 min.
<b>Echigo-nian Bus Stop</b>	2 min.
<b>Sougen no ie Bus stop</b>	4 min.

※The bus stops location for ① and ② will change between weekdays and Weekends. (and public holidays.)  
※In case of rain, the Rest House ⑬ will be used as a bus stop location.  
※Some buses are wheelchair available.  
※You cannot get on the bus with pets. (Except service dogs)  
※Suspension of service from December to March.  
※We switch to a shuttle service in congestion.

### Seasons' Recommendation

<b>Tulip</b> mid Apr. to early May	<b>Rose(Spring)</b> late May to mid June	<b>Summer Illumination</b> late July to the last weekend of Aug.
<b>Cosmos</b> mid Sept. to late Oct.	<b>Rose(Autumn)</b> during Oct.	<b>Winter Illumination</b> every weekend of Dec.
<b>White Season</b> Jan. to early Mar.	<b>Helleborus</b> late Feb. to early Mar.	<b>Hepatica</b> mid Mar. to mid Apr.

### Restaurant and Cafe

<b>⑬ Restaurant</b> Shop hours ・Apr./Sept./Oct. ... 11:00AM-4:00PM (Last orders time/foods 3:00PM, drinks 3:30PM) ・May to Aug. ... 11:00AM-5:00PM (Last orders time/foods 4:00PM, drinks 4:30PM) ・Jan. to Mar. ... 11:00AM-3:30PM (Last orders time/foods 2:30PM, drinks 3:00PM) ※Dec./Service suspension ※Jan. to Mar./Available only on weekends and public holidays	<b>⑩ Cafeteria ⑮ Café</b> Shop hours ・Apr./Sept./Oct. ... 10:00AM-5:00PM (Last orders time/4:30PM) ・May to Aug. ... 10:00AM-6:00PM (Last orders time/5:30PM) ・Nov. ... 10:00AM-4:30PM (Last orders time/4:00PM)
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### Precautions for Using the Park

- Do not damage plants and wildlife in the park.
- Bonfires and fireworks are prohibited.
- Area enclosed with a sign saying "No Entry" are dangerous area or the plants are being protected. Therefore, do not enter those areas.
- You cannot use bicycles and unicycles. (Bicycles with training wheels and tricycles are OK.)
- Cooperate in reducing garbage by taking yours home with you. If discarding wastes, separate them into the proper types and place them in the proper garbage bins.
- Smoking is allowed only in places where there are ashtrays available. Cigarettes are not available here.
- Supervise children at all times.
- The guest with pets must keep them on the leash, and clear up their excreta.
- Visitors to the park should avoid causing trouble to its management.
- Metal or wooden bats, boomerangs, model airplanes, skateboards, rollerskates, kickboards, drones, large tents, and golf clubs or other objects that would hinder the management of the park are prohibited. Additional equipment is limited. Please ask staffs at gates or the Echigo Hillside Park Office.
- We cannot use a park broadcasting for personal requests except for emergencies.
- We have free rental items such as wheelchairs, strollers, two-wheeled carts, rollators, walking sticks, and tarps. Please ask staffs.
- Hot water for preparing infant formulas is available. Ask staffs at the information desk of ⑬ Rest House
- Main facilities in the park are equipped with AED. When you feel unwell or need first aid assistance, please tell the nearest staff.
- How to use this toilet ① Please squat over the toilet bowl to use the toilet. ② Do not throw the toilet paper away in the trash bin. Please place the toilet paper in the toilet and flush. ③ Push the lever down to flush the toilet.